

Liturgical Resources

Our own website contains daily reflections provided by Deacon John. See the Call to Prayer link on the home page.

Each week there will also be a Sunday service which contains the readings and prayers from Sunday's Mass together with a selection of music. Some of the music is provided by parish musicians, the rest is via links to a range of options so that you can listen to whatever suits you. Most importantly, you can read Fr. Jim's reflection on the readings (not the same as his bulletin message) in this place.

<http://www.rcdhn.org.uk/index.php>. For information about Diocesan Resources, including live streaming of Masses from the Cathedral and other churches in the Diocese.

<https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/masses-for-the-sick-and-their-families-nhs-front-line-workers-and-those-working-in-social-care/> - The Bishops of England and Wales have launched a series of weekly Masses for carers and others at the pandemic front line, to be broadcast live from a different cathedral at 7.00pm each Thursday. The Masses are timed to coincide with the weekly 'clap for carers'. Bishop Robert will celebrate Mass from our cathedral on May 14. This link also takes you to the Bishops' Conference website where you can find other resources which may be of interest.

<https://www.corrymeela.org/news/180/prayers-for-community-in-a> - The Corrymeela Community has produced Prayers for Community in a Time of Pandemic. There is a new prayer each day.

Church Services TV streams Masses, weddings, funerals, music and all other kinds of events from churches, halls and other venues.

Pope Francis and the Vatican have cancelled all public masses. However the Pope's daily Masses at Casa Santa Marta and the Sunday Angelus are being streamed live on the **Vatican's YouTube channel**. No need to watch live, tune in at any time.

The Dominicans have a large number of options. In particular, Blackfriars Oxford has been live-streaming their daily Masses at 7:30am with daily sermons from Frs Radcliffe, Gaine, Ounsworth and more.

Redemptorist Publications are live-streaming Sunday Mass, celebrated by Fr Denis McBride CSsR.

Universalis. A link to the day's readings for Mass and the Prayer of the Church.

<https://www.cbcew.org.uk/wp-content/uploads/sites/3/2020/03/No-Mass-A5.pdf>
- this is a service provided by the bishops to use if we cannot get to Mass.

https://www.catholic.org/bible/daily_reading/ - this allows you to listen to the readings

<https://www.vaticannews.va/en/word-of-the-day/2020/03/18.html> - this gives the readings plus a thought from the Pope

https://www.taize.fr/en_article27540.html - daily prayer from Taizé at 7.30pm.

Churches Together in England are asking Christians to join in prayer in their homes every Sunday at 7.00pm.

The Jesuits in Britain have produced **scripture prayer sheets**, known as “prego”

Daily Hope The Archbishop of Canterbury has launched a 24-hour free phone line for Christian worship and prayer, aimed at those who have no or limited access to the internet. People calling the 0800 number will hear a greeting from the archbishop and can then choose from a range of options including hymns, prayers, reflections and advice on Covid-19. Daily Hope is available on **0800 804 8044**.

<https://www.youtube.com/watch?v=PUtl3mNj5U&feature=youtu.be> A hymn for this difficult time : The Blessing

Two links to Missio, the Pope's charity for world mission. The first takes you to their home page. The second link draws attention to the May 14 day of prayer for God's help in the present situation.
<https://missio.org.uk>

http://info.missio.org/journey-with-the-pope-05/05/20?ecid=ACsprvv0uP3yUxTKvEERUx5oy1iPl6njgXLoaykkkJCDS3YALT7BToLeDUHV8qOXT-TxMDuecByw&utm_campaign=LENT%202020%20JWTP%20-%20EN&utm_medium=email&_hsmi=87383170&_hsenc=p2ANqtz-9qUUTxl9ZscyhlJMmlEmBttKNw9EKNUVx9yrlEaUSywaT9FeZKQg58TGEmpFliGh19QoD&utm_content=87383010&utm_source=hs_email

Listen to Mass over the phone. This service is provided by Middlesbrough Diocese. The number to call is **01642 130120**. Calls are charged at local rate and free if in your included minutes.

A video which Cardinal Nichols has released for his Diocese of Westminster. However, the message is apt for all of us as we look forward to Pentecost.

<https://vimeo.com/421046273>

A link to the Remember Me project, an online memorial book for victims of Covid-19. This offers a chance to commemorate relatives and friends who may have died as a result of Covid-19. It is backed by Cardinal Nichols and The Prince of Wales among other people.

<https://www.rememberme2020.uk/page/2/#memorials>

For younger members of the Parish

A new Sunday Liturgy for families with children of primary school age has been created by **Ten Ten Resources** to help enable Sunday prayer and worship during the period of church closures.

Daily prayer resources from Ten Ten can also be accessed through this link to St. Oswald's School - http://www.stoswalds.newcastle.sch.uk/website/prayer_at_home/467615

The following link will take you to a weekly assembly -

http://www.stoswalds.newcastle.sch.uk/website/monday_20th_april_weekly_assembly_/472113

<https://cafod.org.uk/Education/Children-s-liturgy> - CAFOD are providing a virtual children's liturgy and other resources

<http://www.ymt.org> - Click on the FaceBook link on this website to see a range of resources

<https://bustedhalo.com> Busted Halo is a website worth exploring for ourselves and for sharing with young people. This is how it describes itself, 'Busted Halo is a unique media resource that utilises a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others.' Perhaps look at their two minute description of Pentecost to get the flavour, <https://bustedhalo.com/video/pentecost-in-two-minutes>

<https://pray-as-you-go.org/player/prayer%20tools/anexamenforthefamily> - The Jesuits have also provided resources which you might find useful. There is a useful version of the Examen which is family friendly and could be used with young children. You might be interested to know that there is a Diocesan link to this resource: Sr. Sheila MacNamara rscj is among the contributors

This link takes you to a free online book with contributions from a stellar cast of children's authors + illustrators. Its aim is to help children during lockdown. The stories and poems are all very short - ideal for reading aloud and sharing with children of all ages.

https://issuu.com/bloomsburypublishing/docs/thebookofhopes_interactivepdf

Reading and Reflection

In an article in The Tablet **Timothy Radcliffe OP** has some suggestions for how we might change our lives moving forwards into the future. This is a watershed moment for all of us, he says.

The Art of Dying Well has published an interview with a hospital chaplain working with victims of Covid-19. Fr Frankie Mulgrew speaks of ministering to people who are technically alone, and reassuring them they are not really alone, because God is with them.

The Church of England has published a series of reflections on coping with anxiety and loneliness - **<https://www.churchofengland.org/faith-action/mental-health-resources>**. It includes Christian meditation techniques and some tips. There is also a new guide - **Supporting Good Mental Health** (by Durham University academic Revd Professor Chris Cook with Ruth Rice Director of the Christian mental health charity Renew Wellbeing) - to help people feeling isolated or worried as well as those who grieve.

Entertainment

And don't forget there are many suggestions for entertainment to allow us to make full use of our time. The range is enormous. As well as TV and radio, you can see anything from free online screenings of National Theatre productions to gallery tours to a seven and a half hour virtual folk festival. There's something to suit everyone's taste. It's also a good chance to catch up on all those books which you have always intended to read but never quite got round to doing!